



COGNITION

- Stimulates all senses
- Develops & expands neural pathways
- Demonstrates cause & effect & encourages discovery
- Strengthens memory



SOCIAL & EMOTIONAL

- Strengthens early adult & baby bonding
- Provides a safe environment for socialization
- Establishes rituals & routines
- Explores simple turn-taking
- Enhances self-awareness



MATH & LOGIC

- Introduces patterns
- Supports sense of numbers
- Introduces sequencing
- Explores comparisons



PHYSICAL

- Builds fine & gross motor skills
- Develops vestibular system & early balance
- Builds core muscles for turning over, sitting, crawling & standing
- Develops proprioceptive sense
- Develops cross-lateral skills & eye-hand coordination



LITERACY & LANGUAGE

- Builds receptive & expressive language skills
- Expands vocal development
- Supports “reading with baby” & sign language
- Integrates movement & language
- Reinforces language through fingerplays & rhymes

