

Music and Movement for Toddlers



COGNITION

- Strengthens attentive listening skills & auditory processing
- Supports choice-making & evaluations through cause & effect, comparisons & opposites
- Promotes imitation, pretend play & memory
- Encourages the development of inhibitory control
- Develops & expands neural pathways



SOCIAL & EMOTIONAL

- Builds relationships & community
- Develops self-awareness
- Establishes rituals & routines
- Encourages social interactions
- Promotes self-control & offers practice with following directions



MATH & LOGIC

- Reinforces spatial concepts & visual perception skills
- Develops prediction & pattern-finding skills
- Introduces logical sequences
- Offers practice with sorting, classifying & comparing
- Promotes steady-beat skills



PHYSICAL

- Develops body awareness & proprioceptive sense
- Develops eye-hand coordination
- Strengthens fine & gross motor skills & encourages locomotor movements
- Supports coordination & balance



LITERACY & LANGUAGE

- Encourages auditory discrimination
- Increases phonemic awareness & builds vocabulary
- Promotes literacy & language
- Encourages conversation & vocal development

