

Music and Movement for Pre-K Children



LITERACY & LANGUAGE

- Promotes literacy, language & pre-reading skills
- Encourages conversation & responses to aural cues & questions
- Develops comprehension skills
- Supports vocal play, audiation, phonological awareness & rhythmic speech



PHYSICAL

- Develops eye-hand coordination, bilateral coordination & proprioceptive sense
- Strengthens fine & gross motor skills & locomotor movements
- Supports coordination & balance
- Explores combinations of movements



SOCIAL & EMOTIONAL

- Encourages sharing, turn-taking & cooperation
- Develops a sense of community & encourages social interactions
- Promotes self-control, self-awareness & understanding of emotions
- Establishes rituals & routines



MATH & LOGIC

- Promotes awareness of patterns, sizes, shapes & quantities
- Develops prediction & sequencing skills
- Encourages counting & demonstrates one-to-one correspondence
- Explores numerical concepts & use of numerical symbols
- Supports spatial awareness



COGNITION

- Enhances executive function skills
- Strengthens attentive listening skills & auditory processing
- Supports symbolic thinking, pretend play & imagination
- Demonstrates cause & effect & promotes reasoning skills
- Promotes memory & problem solving
- Develops & expands neural pathways

